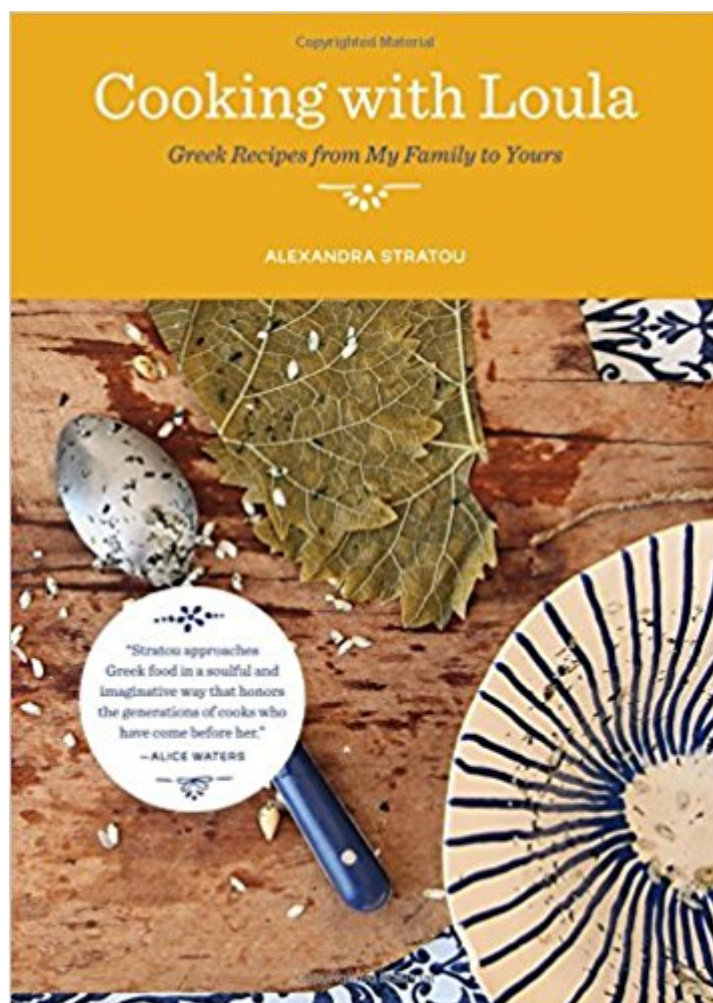


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# Cooking With Loula: Greek Recipes From My Family To Yours



## Synopsis

Named a Best Cookbook of the Year by Epicurious In *Cooking with Loula*, Alexandra Stratou invites readers into her Greek family's kitchen, revealing their annual traditions and bringing their recipes to life with touching remembrances of Kyria Loula (Kyria means "Mrs." in Greek), the woman who cooked for three generations of Stratou's family and who taught her that the secret ingredient in any beloved dish is the spirit the cook brings with her to the kitchen. Many classic dishes are represented here, such as pastitsio and dolmades, as well as inventive, unconventional creations such as a green salad with avocado, apple, and Dijon mustard and a spinach gnocchi in which feta cheese appears alongside Gorgonzola. The nearly 100 recipes are all hearty and unfussy, and organized the way real home cooks think, with chapters for simple, healthful weekday dishes; more languorous Sunday meals; and traditional holiday fare. With hundreds of mouthwatering photographs and whimsical illustrations, this book is truly a gem.

## Book Information

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## Customer Reviews

"Top 10 Cooking & Food Books for Spring 2016." Publishers Weekly "Real Greek home cooking: healthy, homey, traditional, and seasoned here with Stratou's stories." BookPage "Chapter titles (e.g., Weekdays, Sundays, Traditions, Essential Recipes) will make perfect sense to home cooks, who will find it easy to determine which dishes can be made every day and which meals should be saved for weekends and special occasions. There's a handy chart that orders all the recipes by cooking time, as well as an array of inviting, unfussy photographs. VERDICT:

Stratou's unique and intensely personal cookbook is a breath of fresh air. Highly recommended. • "Library Journal" "This is not just another Greek cookbook" it is a cookbook with heart. • "Booklist" "Stratou approaches Greek food in a soulful and imaginative way that honors the generations of cooks who have come before her. • "Alice Waters

Alexandra Stratou, an Athens native, attended the Luis Irizar Cooking School in San Sebastián, Spain, after graduating with a bachelor of arts from Brown University in 2006. Stratou has worked in restaurant kitchens both in Spain and Greece. She self-published the original edition of *Cooking with Loula* (then called *Cooking to Share*) through a Kickstarter campaign in 2013. Currently based in Athens, she travels the world as a chef, creating events large and small, in both public and private spheres under her brand, *Cooking to Share*.

This book rocks - the beautiful philosophical statements and memories of her childhood surrounded by family mimic my own - it's even a cut above most cookbooks because the author is a trained chef - it is now my go to gift for any of my nieces - oh, and the recipes taste great!

I thought I was buying a Greek-American cookbook. I really just wanted a great slouvak recipe....I stumbled into a fantastic Greek cookbook. This is a hidden treasure that will become a classic. Freaking fantastic book, great writing, and I'm about to commence cooking from it. I'll edit my review if the recipes fail me.

Clear concise recipes and most are pretty easy to make. A great addition to the kitchen.

This book reminds me of every Greek kitchen I have had the pleasure to be invited into. Everything so fresh and the aromas so enticing! Simple home recipes that satisfy.

I. Gave it a gift, but as a Greek woman. The recipes were what I grew up with. I gave the book to my niece, so she can continue the tradition

Great cookbook! Found while visiting Atlantis Books on Santorini, they advertised it as the best Greek cookbook they've found in years. (I bought too many other books there, so was thankful to find it here upon my return) Recipes thus far have been terrific. I purchased this used and was surprised to find the spine of the book missing, but that hasn't kept me from reading and cooking.

A nice book

Great book

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